



Dear Educator:

We are writing to tell you about an initiative called **Peace Days — A Festival of Peace and Compassion**, and to suggest how your school and your students can become involved.

Background to Peace Days

Since 2010, the International Day of Peace has been celebrated in Manitoba along with efforts to develop concrete actions that are aimed to promote a culture of peace and compassion. Visit peacedays.ca.

In 2014, Peace Days takes place between the International Day of Democracy on September 15th through to the International Day of Peace on September 21st. A diverse, stimulating program of events will be presented throughout Winnipeg to appeal to all ages, including young people. Our goal is to develop awareness and a firm commitment to create a culture of peace and compassion in the city of Winnipeg and throughout the province of Manitoba. Peace Days 2014 will be especially exciting as it coincides with the official opening of the Canadian Museum for Human Rights!

Involve Your Students and Staff

We encourage you, as a leader, to help your students and staff observe Peace Days in an active way that is meaningful to them. Help bring peace and compassion to life in your school community and beyond. Each day, for one week, post a question from the *100 To Do List for Peace* (idea4idea.com/100todolistforpeace.html) or the *100 To Do List for Green-Living* (idea4idea.com/100todolistforgreenliving.html) or the *100 To Do List for Health* (idea4idea.com/100todolistforhealth.html) and have youth write their answers as their action for compassion for each day.

An example of caring for self could be “*I took a walk to get some exercise.*” An example of caring for others could be “*Today, I helped a friend who was upset.*” An example of caring for the Earth could be “*I used recycled paper.*”

The path to peace and greater compassion is through our young people. They want to change the world. Help show them how, one act at a time.

Sincerely,

Estelle Lamoureux and Darcia Senft

On behalf of the Peace Days Planning Committee

Be the change that you wish to see in the world.
- Mahatma Gandhi

A chance for your students to be that change!

peace days.ca